

Running the Gauntlet for the Professional Drivers Foundation



Visit Steve's page at:

<http://www.justgiving.com/stevejackson2012>

The Professional Drivers Foundation is in its fourth year and we have no doubt at all of the need for a lorry driver's charity. Almost all the funds we have raised have been donated from lorry drivers and their families to help colleagues in need. Last year in particular, we found ourselves in demand more than ever before. This has left our funds extremely low.

In response to our appeal for individuals to raise funds by doing sponsored events, Steve Jackson has stepped forward to quite literally 'Run the Gauntlet' for the PDF!

Steve Jackson is Brett's Logistics Planning Manager, and being desk based, is making a super human effort on behalf of the PDF.

Steve used to be a lorry driver many moons ago, and it's still a vocation he holds dear to his heart.

In view of this he is preparing to step out from behind his desk and hit the road not once, but twice and run **TWO** Half Marathons for the PDF. His first challenge will be to complete the **Great North Run** in September, followed by the infamous **Run the Gauntlet** event.

Run the Gauntlet, held in Ireland in November, is widely acknowledged as Ireland's toughest half marathon due to the elevation changes on the course through The Gap of Dunloe between the beautiful Lakes of Killarney.

How can you help?

To encourage Steve to train on a daily basis, please sponsor him and encourage him to see that target rising every dreary day he pounds the local roads in an effort to get super fit.

If any of you live locally to either of the Half Marathon locations we would be pleased to meet you to cheer Steve across the finishing line.

The amount you can afford isn't important as every little helps to encourage Steve to turn out and train on a daily basis.

Remember, every penny goes to support vocational drivers in need of help.

Visit Steve's page at:

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Donate  JustGiving

Fantastic Support from TrucknetUK

TrucknetUK's annual get together at Cannock this year chose to direct its fundraising efforts to the PDF once again.

Rikki Chequer, Community Manager for Road Transport Media in action!



The atmosphere and bidding rules were informal but the total raised was a serious amount for PDF funds.

A total well in excess of £1700 was raised from lorry drivers who attended from TrucknetUK and The Lorry Drivers Forum

The whole ethos of the Professional Drivers Foundation is to help lorry drivers in need and to revive the old type camaraderie there used to be where we all helped each other. We certainly saw this in action at Cannock.

The huge amount of auction items were all donated from within the Industry.

The complete evening is arranged by roadtransportmedia.co.uk who provide a free bar for the night, which is a brave thing to do for a gathering of lorry drivers.

Of course, this helped all who attended to make some fantastic donations which saw a MAN hold all being sold for £100 and a watch going for £280!

The Trustees of the Professional Drivers Foundation would like to thank everyone who helped to make this event possible, and will ensure that every penny goes to lorry drivers who need help, support or re-training to enable a return to work.

Thanks also go to **MAN, Volvo** and **Scania**, as well as **Night Owl** and **Steve Parrish, our Patron**, who donated items for the auction.

PDF Trustee Goes Stateside!

Our moderator, Squarepeg, recently accompanied the long suffering Mrs SP on a trip to Memphis. Sylvia is a long time Elvis fan and it's been her burning wish to visit Memphis at least once, whilst Ted has always had a wish to see what America is really like.

So this April they took the plunge, or rather a 767, and off they went.

It's fair to say that there wasn't an Elvis stone left unturned and Graceland was well and truly gone over; but Squarepeg did not forget the PDF.

The hire car was soon adorned with a PDF sticker which somehow appeared in a lot of photos!



PDF Car Sticker Competition

How far away can you take a snap of a sticker?
Email entries to: pat.nicholson@tiscali.co.uk

Our Old Friend Trailblazer and Squarepeg



It's fair to say that there wasn't an Elvis stone left unturned and Graceland was well and truly gone over.

Road trips were made to Alabama in the East and Oklahoma to the West.

The purpose of the Oklahoma leg of the trip was to meet up and stay a few days with a long standing friend of both the Professional Drivers Foundation and Ted; Tom Woods, better known as Trailblazer and his wife Judy.

Staying over the Easter weekend the Sp's were made very welcome and treated to some good ol' American hospitality.

In turn they introduced the Woods' to PG Tips!

Comment: In the photo above they could almost be twins!

PDF Training Day

to be held at

**Brett's Transport Ltd
Guyhirn Wisbech Cambs
PE13 4AG**

Saturday 21st July

10.00am prompt

**Places are strictly limited
and although the whole
session is free of charge, a
place on the day will only
be secured by a non
refundable donation of
£10 to the PDF Charity.**

The donation can be made by
Paypal here: [http://www.pda-uk.org/pdaforms/pdaf_paypal.h
tm](http://www.pda-uk.org/pdaforms/pdaf_paypal.htm)

Followed by an email to me
pat.nicholson@tiscali.co.uk
giving me your name, address
and contact number to confirm
the booking.

Once again the PDF will be holding their annual Training Day at Brett's Transport Ltd.

It will be an informal day with everyone welcome.

Experienced drivers will be available to pass on tips, answer questions and demonstrate procedures.

There will be the chance to learn about load security and restraint, including roping and sheeting
Unlimited reversing practice on both artic and rigid vehicles.

Daily checks and procedures will be covered in depth.

Individual requests to learn are always catered for on the day.

In the interests of Health & Safety attendees are requested to bring steel toe capped shoes or boots and a hi-viz jacket or vest, and gloves if they have them. Other safety equipment will be provided as necessary.

Not a lorry driver? Fancy a chance to drive one?

The PDF Training Day is also open to **non** HGV licence holders who would like the chance to drive and reverse an artic, and experience a view from the cab.

(aged 16 yrs and over)

**For more information call Pat
on 07909 995615 or email:
pat.nicholson@tiscali.co.uk
to book a place now.**

PDF helps lorry driver Colin and family on the way.

Colin Ketteringham, 50, was diagnosed with multiple system atrophy last year. The degenerative condition affects nerve cells in the brain leading to loss of movement and bodily functions.



Doctors told Colin he had just three years to live, but that having something positive to focus on would help. So he and wife Louise, 36, decided to try to raise enough money to take their children George, eight, twins Jack and Chloe, seven, and Harry, 15 months, to Florida next year.

Colin said: "We have never been on holiday as a family before, through work and other things. "We wanted to do something the children would remember."

The couple approached the Bourne and District Lions Club, which raises funds for good causes, for help funding the trip

The club was happy to help and decided to set up the **Ketteringham Holiday of a Lifetime Fund**, starting the ball rolling with a £400 donation.

The fund is growing following another £400 donation from the club's ladies' branch, £200 from Bullimores Sand and Gravel and **£500 from the Professional Drivers Foundation.**

If you would like to donate to the fund, call Graham on 07851 425253 or e-mail graham.crane@camberwoodthomas.co.uk.

The Professional Drivers Foundation has also pledged ongoing support for the whole family in any way that may be needed in the future.

Finally a note from the Editor.....

Due to unforeseen circumstances it fell upon me to produce a newsletter of sorts!

My love of roping and sheeting prompted calling it the PDF Flysheet!

Any enquiries can be made to me on 07909 995615 (9-5pm)

Or by email to:

pat.nicholson@tiscali.co.uk

Any complaints can be directed to the head office, as I would rather be roping and sheeting than have to do this again!!

Pat

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